**A COMPENDIUM FOR CONSIDERATION OF CPD AND SUPPORTING INFORMATION POST COVID-19**

SOME DOMAINS FOR DISCUSSION AND REFLECTION

1. What learning from the disaster and the recuperation have you gleaned?
2. What anecdotes and reflections have you made on the pandemic?
3. Are you more focused and better at what you do?
4. What learning needs have you discovered that you have?
5. What was necessary to do and what was not? What is worth doing and what is not?
6. What did we not do as a team and what should we have done or done better or sooner?
7. What did we not have to help us work effectively, safely and to preserve the quality of life and lives of the patients?
8. Have you learnt anything that will change your practice an indeed your professional or social life in the future?
9. Are there things which worked really well for you and your team that you would like to see preserved for future clinical practice and indeed increased further in their effectiveness?
10. Did you work in a team or alone and have you any reflections on how that teamwork was structured and were your new professional relationships and different duties fruitful or challenging?
11. The expected post Covid-19 surge in cancers to primary and secondary care may bring new challenges to you so have you had any constructive thoughts and learning points to help your future professional life?
12. As a surgeon for example, does the loss of not performing complex operations during the crisis worry you about not being skilled in future, so did you try and keep up to date through the pandemic despite these concerns?
13. Are you ready as a clinician to deal with the physical and emotional aspects of diagnosing presentations with advanced disease, be they delayed presentations and poorly or inadequately treated de novo disease?
14. Do you have any regrets during the crisis that you personally did not offer the best possible treatments to your patients because of the restrictions placed on your practice?
15. What have you learnt from the difficult ethical considerations that you may have faced during the crisis?
16. Have you been aware of your personal health and well-being and ensured that you have kept on top of the challenges (have you for instance employed the thinking pit stop techniques)?
17. Has your philosophy on life changed and if so why?
18. Has all of this episode made you more aware of burnout in yourself and others?
19. Did you suffer with Covid-19 yourself and what has that taught you about clinical practice which could change?

**Prof Graham T Layer 2020**