**Reflection on a prescribing issue.**

**What happened?**

I issued a prescription for a patient in between consultations at the nurse’s request. This was a new prescription needed to treat a chronic condition that was not well enough controlled. Follow up was arranged. What I hadn’t appreciated was that another issue meant certain drug groups were not ideal in this patient because of a coexisting issue. When I realised this during follow up I was open and honest and admitted my mistake, apologised and arranged suitable follow up and treatment.

**What contributed?**

Being asked to manage a patient in between consultations

**What went well?**

The patient was fine

I was open and honest in keeping with the GMC duty of candour.

**What have I learnt and what will I change?**

This was not an urgent issue that needed immediate treatment. I have instigated changes so doctors are not interrupted in the middle of a surgery for non-urgent matters.